Blue Ravine News

YOUR PET'S HEALTH IS OUR CONCERN

Volume 14 Issue 4

November 2016

Staff

Jennifer Sweet, DVM Jackie Thomas, DVM Katie Wolf, DVM Christina Riffle-Yokoi, DVM Michelle Rivera, DVM Lori Siemens, DVM Independent Cardiologist Katherine Schwartz, RVT Practice Manager Patti Rungo Office Manager/Receptionist Tricia Hudick, Receptionist Michelle Ippoliti, Receptionist Tania McCandless, Receptionist Ann Nicewander, Receptionist Kathy Barker, Receptionist Brianne Boon, Lead RVT Andrea Gavin, RVT Jolene Benevento, RVT Alison Goodwin, RVT Alyssa Bressem, RVT Amanda Mills, RVT Jacqui Hodges, Vet Ass't. Jessi Jones, Vet Ass't. Kayla Nelson, Vet Ass't April Benzow, Vet Ass't. Chris Chu, Vet Ass't. Chantay Turner, Vet. Ass't. Lauren Johnson, Vet. Ass't. Anni Kasper, Kennel Ass't. Jordan Moreno, Kennel Ass't. Misty Tracy, Groomer

In This Issue:

BRAH Coupon — Free Cat or Dog Toy and Santa Photo at Open House	4
Blue Ravine Enrolled in AVMF Veterinary Care Charitable Fund	3
Blue Ravine Offers Puppy Training	1, 3
Holiday Hazards & Safety Tips	2

Invitation to Blue Ravine's Open House



You are invited to attend our annual Christmas Open House on Saturday, December 10th from 2:00 to 6:00 p.m. Tour the facilities, meet the staff, partake of the wonderful and delicious refreshments, receive a goodie bag, have a complimentary Christmas photo taken with Santa Claus, and take home a toy for your special cat or dog. Also, be sure to enter to win a free dental cleaning, bloodwork, heartworm prevention or one of many other prizes!

This is our opportunity to share and engage socially with our clients. No reservation is necessary, just come and enjoy the fun. We want to share this time YOU!

- the Staff at Blue Ravine Animal Hospital

Blue Ravine now offers puppy training through Pawsitive Rewards Dog Training

Amanda Mills, BS, RVT, CTC Trainer and Behavior Counselor (916) 899-8641 email: pawsitiverewards@gmail.com

My name is Amanda Mills and I'm so excited to be back with Blue Ravine Animal Hospital working as a technician and teaching Puppy Preschool.

I've been working in the veterinary field since 1996 and received my B.S. in Animal Biology from UC Davis in 2002. I became a Registered Veterinary Technician a few years after graduation, then completed training with the San Francisco SPCA to become a Certified Dog Trainer and Behavior Counselor.

In addition to my work with pets, I am a mom to three adorable children and a Brussels Griffon named Maxwell. I have a passion for dog



(Continued on page 3)

Holiday Hazards and Safety Tips

The holiday season is upon us, and many pet parents plan to include their furry companions in the festivities. As you gear up for the holidays, it is important to try to keep your pet's eating and exercise habits as close to their normal routine as possible. Also, please be sure to steer pets clear of the following unhealthy treats, toxic plants and dangerous decorations.

Be Careful with Seasonal Plants and Decorations

Oh, Christmas Tree: Securely anchor your Christmas tree so it doesn't tip and fall, causing possible injury to your pet. This will also prevent the tree water—which may contain fertilizers that can cause stomach upset—from spilling. Stagnant tree water is a breeding ground for bacteria, and your pet could end up with nausea or diarrhea should he imbibe.

Avoid Mistletoe & Holly: Holly, when ingested, can cause pets to suffer nausea, vomiting and diarrhea. Mistletoe can cause gastrointestinal upset and cardiovascular problems. And many varieties of lilies can cause kidney failure in cats if ingested. Opt for just-as-jolly artificial plants made from silk or plastic, or choose a pet-safe bouquet.

Tinsel-less Town: Kitties love this sparkly, light-catching "toy" that's easy to bat around and carry in their mouths. But a nibble can lead to a swallow, which can lead to an obstructed digestive



tract, severe vomiting, dehydration and possible surgery. It's best to brighten your boughs with something other than tinsel.

That Holiday Glow: Don't leave lighted candles unattended. Pets may burn themselves or cause a fire if they knock candles over. Be sure to use appropriate candle holders, placed on a stable

surface. And if you leave the room, put the candle out!

Wired Up: Keep wires, batteries and glass or plastic ornaments out of paws' reach. A wire can deliver a potentially lethal electrical shock and a punctured battery can cause burns to the mouth and esophagus, while shards of breakable ornaments can damage your pet's mouth and digestive tract.

Avoid Holiday Food Dangers

Skip the Sweets: By now you know not to feed your pets chocolate and anything sweetened with xylitol, but do you know the lengths to which an enterprising pet will go to chomp on something yummy? Make sure to keep your pets away from the table and unattended plates of food, and be sure to secure the lids on garbage cans. Leave the Leftovers: Fatty, spicy and no-no human foods, as well as bones, should not be fed to your furry friends. Pets can join the festivities in other fun ways that won't lead to costly medical bills.



Careful with Cocktails: If your celebration includes adult holiday beverages, be sure to place your unattended alcoholic drinks where pets cannot get to them. If ingested, your pet could become weak, ill and may even go into a coma, possibly resulting in death from respiratory failure.

Selecting Special Treats: Looking to stuff your pet's stockings? Stick with chew toys that are basically indestructible, Kongs that can be stuffed with healthy foods or chew treats that are designed to be safely digestible. Long, stringy things are a feline's dream, but the most risky toys for cats involve ribbon, yarn and loose little parts that can get stuck in the intestines, often necessitating surgery. Surprise kitty with a new ball that's too big to swallow, a stuffed catnip toy or the interactive cat dancer.

Plan a Pet-Safe Holiday Gathering

House Rules: If your animal-loving guests would like to give your pets a little extra attention and exercise while you're busy tending to the party, ask them to feel free to start a nice play or petting session.

Put the Meds Away: Make sure all of your medications are locked behind secure doors, and be sure to tell your guests to keep their meds zipped up and packed away, too.

A Room of Their Own: Give your pet his own quiet space to retreat to—complete with fresh water and a place to snuggle. Shy pups and cats might want to hide out under a piece of furniture, in their carrying case or in a separate room away from the hubbub.

New Year's Noise: As you count down to the new year, please keep in mind that strings of thrown confetti can get lodged in a cat's intestines, if ingested, perhaps necessitating surgery. Noisy poppers can terrify pets and cause possible damage to sensitive ears. And remember that many pets are also scared of fireworks, so be sure to secure them in a safe, escape-proof area as midnight approaches.

Blue Ravine Enrolled in AVMF Veterinary Care Charitable Fund

Blue Ravine Animal Hospital is proud to offer a new way to help animals in need!!

As of October 2016, we have enrolled in the Veterinary Care Charitable Fund (VCCF), a program created by the American Veterinary Medical Foundation (AVMF) to support veterinarians in offering low or no-cost services to clients facing extraordinary hardships, as well as a way to support animals rescued from abuse and neglect.

Blue Ravine Animal Hospital donates considerable time and money each year to local, animal health-related charitable endeavors. As a participant in the AVMF Veterinary Care Charitable Fund, we will be empowered to provide charitable care to those in need.

Charitable care may be provided to:

- Disabled veterans requiring a service dog
- Low income senior citizens
- Good Samaritans who rescue domesticated animals
- Victims of domestic violence

(The AVMF does not provide funding to individuals in need of financial assistance. All requests must come directly from a licensed AVMF member veterinarian.)

We encourage community members to make tax-deductible charitable contributions to the AVMF Veterinary Care Charitable Fund at AVMF.org/CARE or at the practice location.

For more information on the VCCF and other animal health and wellness programs provided by the American Veterinary Medical Foundation, visit AVMF.org.

About the American Veterinary Medical Foundation: The American Veterinary Medical Foundation (AVMF) is the charitable arm of the American Veterinary Medical Association, one of the oldest and largest veterinary medical organizations in the world. More than 88,000 member veterinarians worldwide are engaged in a wide variety of professional activities. For more than 50 years, the Foundation has been helping veterinarians help animals with support for education, advocacy, service, and research programs and activities. Visit AVMF.org to learn more.



Pawsitive Rewards Training (Continued from page 1)

training, especially puppies. Getting puppies trained early on gets them started on the right track so that you can have a happy, well socialized, dog with manners.

I teach Puppy Preschool for puppies 8 to 16 weeks old. Blue Ravine is the perfect location for puppy training because it's a clean, safe, fun environment where they can learn and be socialized at a young age. I look forward to meeting you and helping you with all of your puppy training needs.

Daytime group classes will be held on Tuesdays; evening classes on Thursdays. The 6-week class is \$150.

Contact me, Amanda, to schedule participation with your puppy: phone (916) 899-8641, email pawsitiverewards@gmail.com.



1770 Prairie City Road Folsom, CA 95630 Phone: 916 984-0990 Fax: 916 984-6510



Blue Ravine Open House Saturday, December 10, 2016

BLUE RAVINE OFFICE HOURS

Office hours: Monday through Friday, 7:00 am to 8:00 pm; Saturday, 8:00 am to 5:00 pm; Sunday, 8:00 am to 5:00 pm. For emergencies outside regular office hours, please call Sacramento Veterinary Referral Center, 9:16 362-3:11 or Vista Veterinary Specialists, 9:16 231-4445.

www.blueravineanimalhospital.com

Blue Ravine Animal Hospital Open House

One Free Cat or Dog Toy per Family, Complimentary Pet Photo with Santa, Drawings for Prizes, and More!

> BLUE RAVINE ANIMAL HOSPITAL 1770 Prairie City Rd. in Folsom, CA 916-984-0990



BLUE RAVINE OPEN HOUSE Saturday, December 10, 2016 2:00 — 6:00 p.m.